



June 29, 2009

Good morning all, here's this week's Sunrise news:

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Changeover meeting this Tuesday in the evening!

No morning meeting this Tuesday! (*if you're slow on the uptake this morning that means do not go to the Norfolk Golf and Country Club-NGCC- tomorrow morning, go in the evening*)

We will meet for changeover at the NGCC for a dinner meeting/changeover program. The meeting will start at 6pm, dinner is at 7:00, followed by the evening program.

If anyone would like to golf prior to the evening events a special rate will be available for non country club members. Please make golf reservations, on your own, in advance (mention the Rotary meeting rate)

Thanks RC Simcoe

From incoming Pres Bill Clevette - a note to RC Simcoe:

Once again, thanks to the Rotary Club of Simcoe for a great barbeque and evening together last Wednesday. The food and service was great, the venue fantastic and the company outstanding - it was even more fun than the "Food Fight".

Maybe we can find other opportunities to work and have fun together for Norfolk, At the next "Food Fight" we'll try not to highjack quite as many of the donations destined for your cache as may have happened this year - you do really need a fighting chance! Could it be that we might have to host next time!

The 2009 Rotary Food Fight Champs

Introducing our Outbound Exchange Student Sarah Eastwood

Sue O'Dwyer passes along the following message from Sarah Eastwood, our outbound exchange student (she's from Dundas):

Hi Sue,

I have very exciting news! When I got home from my grad rehearsal today I found out that my guarantee form had arrived, so I am officially going to Troyes, France! I don't know if you have this information, but I am being hosted by the Troyes Comtes de Champagne club, and my first host parents are Christian and Catherine Lambert.

Troyes is on the Seine River and is 150 km from Paris. I've googled some pictures of the town already and it looks beautiful!

I'm done school now, so I hope I will be able to attend more meetings this summer.

I hope to see you soon!

Sarah

RYLA 2009 - Norfolk attendees

Sue O'Dwyer passed along this photo of Julie Broughton, Amber Byrnes, and Meghan Holliday at RYLA 2009 in Fredonia, NY. Julie and Amber were sponsored by RCNS and Simcoe. Meghan was also able to attend because someone from another club had to cancel. Meghan demonstrated her amazing initiative by getting her passport in less than 4 days so she would be able to attend.

RYLA is the leadership program for young people aged 19-25 and these 3 fantastic young women will be making a

presentation to the club in August about their experience. Check out

www.RYLA7090.com

Elaine Thomas Awarded Paul Harris Fellowship

Popular Port Dover High School (PDHS) Principal Elaine Thomas was a surprise recipient of a Paul Harris Fellowship. Ms. Thomas was presented the award by Rotarian Sue O'Dwyer and Gail Catherwood of the Rotary Club of Norfolk Sunrise at PDHS commencement ceremonies in Port Dover on Thursday June 25. In making the presentation, O'Dwyer cited Elaine's inspired leadership and service during her seven year tenure as Principal, as the basis for her special recognition by the Rotary Club of Norfolk

Sunrise.

The Paul Harris Fellowship is named for Paul Harris, who founded Rotary over 100 years ago, The award was established in his honour in 1957 to express recognition of community leaders and advocates for world peace and international understanding.

Slapshot Works

Ever wonder if the effort is worthwhile? Check out the notes below (edited to remove some personal information) from Dylan and Alex thanking us for their Slapshot Experience.

Dear Members of the Rotary Club of Norfolk

I would like to thank you for allowing me to come to Ancaster to attend the Slapshot program. I had a great experience and met lots of great new friends. I have already used many of the skills you taught me to make my school experience better. If I can assist you or any members of the club in the future, feel free to contact me through my number (519 875-XXXX). Thanks for giving of your valuable time so students like me can develop into leaders of tomorrow.

Yours truly,

Dylan

(VHSS student council president)

Dear Rotary.

I would like to thank you on behalf of myself, and my school, for the excellent experience you allowed me to have by sponsoring me for SLAPSHOT. I have learned so much and my confidence level has risen dramatically, allowing me to do more than I ever thought I could.

*Thank you so much for this experience,
Alex - VHS*

Canadian Rotary Centennial Afghanistan Challenge

To celebrate Rotary's centennial presence in Canada, Rotary Clubs and Districts across Canada have an opportunity to participate in and support a project being led by the Rotary Club of Winnipeg (appropriately as the first Rotary Club in Canada). The project is the Canadian Rotary Centennial Afghanistan Challenge - Building a School for a Better Future. The goal is to build and furnish a school in Afghanistan for 4,000 Afghani children.

Our District (7090) will undertake a District wide effort to support this very worthwhile Canadian centennial project. You can learn more about the Centennial Afghanistan Challenge at www.afghanistanchallenge.ca/home. This challenge provides an opportunity to build on the leadership John Race and others from the Club have already shown in support of the people of Afghanistan.

That's all for now

Ed. Martin