



Also in This **ISSUE**

- Harley Happenin's
- Soapbox Sam/Sally
- Golf Tourney
- Community Concerns
- Member News
- Spookhouse
- Comic Relief

SAVING LIVES

There are some things that just are fascinating in life – and what could be more amazing than learning about new methods of saving lives? Especially babies' lives.

Dr. John Deacon, Pediatrician, was our guest speaker – but for many of us, he was an inspiration! Just listening to this man relate the medical advances of the last 20 years was really interesting. His passion for caring for the little preemies and the healthy newborns, as well their moms, was obvious as he took us through a couple of really neat demonstrations.

Dr. Deacon opened his discussion with a very adamant and personal philosophy ... "What would you expect me to do if your baby was sick and there was a strike? What if you needed to deliver a baby TODAY and the hospital was not admitting? I was granted a license to practise health care (the critical word being CARE). You know, with all the strikes that are going on in the health care system today, that's "something" but it's not "caring". Sick Kid's Hospitals across this country should NEVER be full. If you get the call, you must serve."

In the 21 years he practised in Milwaukee, not once was there a health professional strike. If a client couldn't pay a bill, his staff was instructed to rip up the invoice. This man's mode of operation was simple...as a doctor, he cared for each and every patient who called for help, regardless of monetary status, strikes, or any other obstacle.

"Babies are much more vulnerable than adults if there's lack of food and water. It takes an adult 70-80 days without food to die, it only take a baby 4-5 days to experience retardation, and 14 days if it's not fed. The heart is the last organ to shut down at death, and yet the heartbeat is commonly used as the main indicator of the baby's health before delivery." Not necessarily, says Dr. Deacon. "The critical thing to consider.... IS THE BABY MOVING? If not, there are 2 questions at this point...(DELIVER) NOW OR NOT NOW? WHICH WAY OUT? Is 40 weeks really full term, or is 37 weeks full term? A lot of mischief can happen in the last 3 weeks – a baby will double its weight in those last critical days."

Dr. Deacon reviewed 3 marvellous developments which have occurred in Neo-Natology over the last 20 years, that have revolutionized the survival rate of babies. He did a soap and water demonstration to illustrate how Serfactin (a soapy- like substance that is introduced into a premature baby's underdeveloped lungs) will aid the baby to breathe on its own. Secondly, Dr. Deacon showed us a tiny pill known as FOLIC ACID, which must be taken at least 2 months prior to conception, and all through the pregnancy, to guard against Spinal Bifida. (He used a napkin demonstration to show the development of the brain and spine, and how a normal spine "zips" up, but a defective one doesn't.) And thirdly, he emphasized how critical it is at the moment of delivery to have Resuscitation equipment and oxygen available, so that there is little chance of brain damage and/or death.

Dr. Deacon successfully educated and entertained us...He was definitely one of our best speakers ever!



THANK YOU! THANK YOU! THANK YOU!

John Wallace presented another cheque for \$1600 from Vin Guy, for the ongoing school projects in India. President Steve commended John " You're the only person I know who can turn \$10 into \$10,000.00!" Paperwork and money will be on its way shortly to Rotary International.

HARLEY HAPPENIN'S

Jeff M wiped his brow, smiled and proclaimed "the bike is paid for!" So now, let's pull out all stops to sell tickets at any corporate / fun events that you think might give the bike high exposure for sales. If you can put tickets in your place of business (ie on a retail or service counter), give Jeff a call for a "HARLEY TICKET/POSTER PACKAGE". This Weekend, we will be selling tickets for the Harley at the Jarvis Cornfest instead of Art in the Park, at the Port Dover Summerfest as originally scheduled. Dave Bradshaw reports that we have people to man the booth on Saturday, but we still need people to cover the timeslots on Sunday. Either 10:30PM - 1:30PM or 1:30PM - 5:00PM times are available, and 2 people for each time slot is required. If you can help out, call Dave at his office @ 443-8611, or at his home @ 443-7074.

GOLF TOURNEY

Calling all golfers – good and great! Friday, Sept 14th at Woodside. Call Sue and let her know if you'll play in the Mixed Division (18 holes, 2 women, 2 men), 18 Hole Division (4/team no gender rules), and the 9 Hole Division (for those who can only play a "quickie" game) – Dinner as per usual around happy hour. If you're interested in sponsoring a hole, or donating prizes, contact Sue. More details to follow soon.

SOAPBOX SAM OR SOAPBOX SALLY

It seems that every Monday evening, without fail, both of my children decide to be nightowls. I usually get a good three hours of snoozetime (and that's not three consecutive hours), I awake at 6:00a.m., hop in the shower and fantasize about.....that big, honkin' Rotary breakfast.

This is a breakfast that I don't have to cook, don't have to share, don't have to sing Barney songs through, don't have to negotiate through (now Markie Boerkamp, if you eat all your eggs, I'll buy you a treat at the dollar store), don't have to clean up after and best of all, I get to enjoy it with friends and some adult conversation. Yes, sometimes the muffins look a little tired and the bacon a tad greasy, but I know that after

In my **OPINION**

my breakfast, I will discuss ways I can help my community and contribute to bettering people clear across the world and quite often hear guest speakers discuss interesting topics, which won't include the word "poop".

So, there's my two cents' worth and just like the greasy bacon, you can take it or leave it.

- Kim Shippey



COMMUNITY CONCERNS REPORT

The community concerns committee met to review current funding requests and to prepare a budget for the 2001/2002 year. As you may be aware, all funding requests in excess of \$1000 must be approved by the club as a whole. Accordingly, we are bringing two requests to the club for approval. We will have a vote on these requests at the next club meeting- Aug 14.

Haldimand and Norfolk Womens Services -Girls Power Camp

This is a weekend camp for Grade 8 Girls to build self esteem that includes workshops on body image , gender issues, peer pressure. The aim is to build self awareness, strengthen positive attitudes and values, healthy relationships though a series of workshops and confidence building activities such as tight rope walking . The camp is for two weekends and benefits 50 grade 8 girls and provides leadership opportunities for grade 12 girls who act as facilitators and mentors.

The Community concerns committee has passed a resolution supporting a donation of \$2500 towards the \$12500 cost of the camp.

Fresh Air Fund- CAS

The Fresh air fund provides a camp opportunity for 300 economically, physically and developmentally challenged children. Last year we supported this worthy project for \$2500. This year, the committee decided to recommend sponsoring 10 children at a cost of \$180 each for total donation of \$1800.

In addition to seeking approval for the major donations, the committee also approved the following funding requests:

Waterford Swim Program

Swim programs are offered at Simcoe Rec centre. Request was for busing for 47 grade 4 students and the cost of the instruction. The Community concerns committee has passed a resolution supporting a donation of \$800 to cover the cost of busing (only) for this program.

Doris Corner

The committee approved a \$500 budget to be used to meet the needs of families/children, at Doris's discretion. Receipts to be provided and will be re-imbursed.

Waterford Public Library

Summer reading program(2002) needs \$800 to be used to provide prizes, photocopy costs, promotion costs to support their children's summer reading program. There about 200 participants in program. The committee approved the \$800 funding request.



SPOOKHOUSE

Paul and Sue are up to their scary stuff again....this year's theme is "The Haunted Movie Theatre" – get out your favourite Hollywood movie star costume, old movie posters, and start thinking about what we can do to have fun while scaring all the kids!

MEMBER NEWS

Dave Murphy is resting comfortably and under doctor supervision in NGH – He appreciated everyone's well wishes and concern – He told me that he's definitely doing some re-evaluating of priorities....he's had his wake-up call.

Dave Brown recently submitted his resignation letter.

SOME MORE HUMOUR

The Dangers Of Dihydrogen Monoxide

This is a true happening:

A freshman at Eagle Rock Junior High won first prize at the Greater Idaho Falls Science Fair.

In his project he urged people to sign a petition demanding strict control or total elimination of the chemical "dihydrogen monoxide."

And for plenty of good reasons, since it can:....

1. cause excessive sweating and vomiting
2. it is a major component in acid rain
3. it can cause severe burns in its gaseous state

Sunriser Bulletin

Publication of the Rotary Club of Norfolk Sunrise

Communications & Public Relations Committee

Chair: Ian Thomas (Sunriser technical)

Members: Rhonda Clarke-Bruyn, Ross Gowan, Blair Harrison, Carolyn Wiens - Sunriser Editor

Committee Chairs

Youth & Exchange - Lucine McKay

Community Concerns & Environment - Jim Dawson

Rotary Foundation & World Community Service - Keith Jones

Membership & Attendance - Sue O'Dwyer

Club Fellowship - Brian Snow

Ways & Means + Major Events - Mark Boerkamp

Club President: Steve Malo

Club President-Elect: Sue O'Dwyer

Secretary: Judy Scrivener

Treasurer: Charlie Douglas & Lynn Jarvis

Directors: Dave Murphy, Donna Raytrowsky, Peter Wheatly

Send Sunriser submissions to: cwiens@adroinc.com

Deadline for submissions: Wednesday 1:00 p.m.



4. accidental inhalation can kill you
5. it contributes to erosion
6. it decreases effectiveness of automobile brakes
7. it has been found in tumors of terminal cancer patients

He asked 50 people if they supported a ban of the chemical. Forty-three said yes, six were undecided, and only one knew the chemical was water. The title of his prize winning project was, "How Gullible Are We?" He was attempting to show how conditioned we have become to alarmists practicing junk science.

TUESDAY, AUGUST 21 - DUTY ROSTER -

Chaplain - Carolyn Wiens

Greeter - Tilly Jilderda

Sgt-At-Arms - Lynne Jarvis

Speaker is Scott Petrie
(Long Point) - Bird
Studies & Migration