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GENTLEMEN OF HARMONY

SIMCOE BARBERSHOPPERS RAISE FUNDS FOR SPEECH THERAPY EQUIPMENT AT NGH

Each November, the Gentlemen of Harmony raise their voices at their annual show to raise funds for the "HARMONIZE FOR SPEECH" charity. Dollars raised are then funneled back to the community to buy speech therapy equipment at NGH. Over the last two years, these men have bought over \$10,000 worth of equipment.

This year's show, called "Back to Our Roots" will be held on Nov. 10th at the Lighthouse Theatre. It's a great opportunity to enjoy some fabulous a capella singing, and great local talent. The matinee starts at 2 p.m. and the evening show starts at 8 p.m. Tickets are \$13 for the matinee and \$15 for the evening performance and are available from Carolyn / Roger – Day: 426-6069 or Eve: 426-8199.



COMMUNITY CONCERNS

The committee has been working with H-N Reach on their new respite home. The home will provide a safe place to go for medically fragile, multiple handicapped children and to give their care-givers a much needed respite for a weekend. There are 35 families in this program and the facility has 4 beds which

they will provide 24 hour nursing care on weekends. This project is going well and we have obtained a great deal on appliances- for \$1500 we can provide the respite home with a Refrigerator, Stove and Dishwasher. We will be seeking approval from the club for this project.

DISTRICT MEETING

Kenmore, N.Y. – Oct. 27th – Issues on Agenda are World Community Service – Please advise Prez Steve if you are planning to go.

THE MANNING AWARDS FOR INNOVATION

The Manning awards celebrate innovation in Canada by awarding prizes for significant innovations in Canada ranging from junior innovator (high school) awards for \$4000 through to the top prize of \$100,000. This year the major prize winner was awarded to Dr Albert Leung of Simon Fraser University for a micro-accelerometer which is being used for a variety of uses from golf balls to Nike shoes to automotive and chemical uses. Other awards went

for innovative gas detectors- (Gas Alert), a unique double base violin with an adjustable neck and a hands-free crutch called iWALKfree. Some of the awards, including the science fair awards are just amazing in the complexity of technology and insight by these outstanding young scientists: a number of the award winners had topics so complex that it takes a few pages of detailed explanation just to describe the project. Projects involved gene expression in DNA, Scrubbing of CO₂

in industrial gases, using a mathematical construct called a wavelet to analyse EEGs and unexpected behavior in the oxidation of aluminum... Wow! Marjorie is a trustee of the Manning awards and we went to Calgary for the gala presentation award ceremony. An interesting side note was we had dinner with Sandra and Preston Manning – the Innovation awards are named to honour his father Earnest Manning.



WANT TO BE A DREAM MAKER??

Personal Outcomes Planning or Life Planning helps people with developmental disabilities receiving support through the Norfolk Association for Community Living (NACL) identify their priority goals for the next year.

At the moment, 150 people supported by NACL have 1002 goals which they are working on. Goals are very individualized and range all over the map based on the person's interests. Examples of Life Plan goals include:

1. Joe wants to work with animals – in this case the NACL Job Links service would help Joe learn about animals, find what jobs are available working with animals, assist him to apply for a job and support him on the job until he was performing up to the employer's desired level.
2. Jane wants to visit Niagara Falls and spend an overnight in the hotel her parents visited years ago (Jane's parents are deceased). Jane saves up a portion of her Ontario Disability Support Program (ODSP) monthly cheque and after 24 months has sufficient money to go to Niagara Falls for her memory night. Jane misses her parents terribly and often seeks out memory lane type adventures to feel closer to them.
3. Jack wants to learn how to play a guitar – NACL Lifestyle Support staff would seek out a volunteer to help Jack achieve this goal. If a volunteer could not be secured, Jack would probably never realize this dream as he couldn't afford the \$12.50 each week the lessons cost.
4. Jill would like to take a Cash Register training course – NACL support staff help Jill search out places where the training is offered at reasonable rates. The local college offers a one day course on Cash Register training at a cost of \$70.00. Jill saves up a portion of her ODSP monthly cheque and after 12 months can afford to register for the course. As the course is only offered in the Spring, she waits 5 months to register and then takes the course.

A number of people reach their goals each year with the

help of family, friends and NACL staff. For some people, however, reaching their goals is unachievable due to a lack of resources.

People with developmental disabilities receive a monthly ODSP cheque which covers basic necessities such as rent, utilities, groceries, telephone, clothing and transportation. From this money, the person would also buy/replace needed items and have personal spending money.

The purpose of the Outcomes Fund is to provide financial assistance for specific activities for people receiving support from NACL. The goal of the Outcomes Fund is to provide people with financial assistance and planning to enhance their opportunities to achieve their Personal Outcomes and realize their dreams.

The Outcomes Fund will not cover anything that promotes dependency on this fund for ongoing support such as regular transportation and clothing. The Outcomes Fund is not to be perceived as a supplement to income, nor take away from an individual's responsibility of saving money or the pride of accomplishment and achievement. Assisting people by planning for future outcomes expenses is an important component of the planning process.

To receive financial sponsorship, people apply to the Outcomes Fund. They need to clearly describe their desired outcome or dream and show how they have saved 50% of the cost of the desired item/activity. A committee examines all requests put forward and providing all other avenues of assistance have been exhausted, authorizes up to \$100 per person per year from the Outcomes Fund.

The Outcomes Fund is a brand new concept based on a long-standing need. It was established to honour Michael Lietuvninkas, a man supported by NACL who passed away from cancer on July 19, 2001. Michael served as an inspiration to all and was the ultimate dreamer. It will be officially launched once \$2500 has been fund raised. It is our hope that this will happen on November 3rd through the 14th Annual Bringing in the Leaves event.



14th ANNUAL BRINGING IN THE LEAVES

Saturday, November 3, 2001

Wellington Park, Simcoe – 8:30 a.m. – 1:00 p.m.

The Norfolk Association for Community Living (NACL) is pleased to host the 14th Annual Bringing in the Leaves fundraiser on Saturday, November 3, 2001 from 8:30 a.m. to 1:00 p.m. This effort provides valuable funds for NACL in support of people with developmental disabilities.

Bringing in the Leaves is an important community project that enables community members to work together for the betterment of their community. It is an important public relations and environmental awareness activity. As well, this fundraising venture offers an opportunity to help people with developmental disabilities through building the Outcomes Fund.

The way the event works is simple. Rakers raise money by asking people to pledge their raking efforts. As many as 150 rakers descend on Wellington Park at 8:30 a.m. the morning of the event. They register at the Tourism booth, hand in money collected and have a coffee, juice, donut, etc. Opening ceremonies are held at 9:00 a.m. with warm up exercises to help prevent stiff muscles. Park Rangers organize the rakers for their task. At coffee break time, coffee, juice, donuts and apples are delivered to the rakers by volunteers. At noon the rakers return to Wellington Park for a lunch of sandwiches and pop. Closing activities start during lunch with prizes awarded. By 1:00 p.m. everyone is at home enjoying a warm bath.

Several organizations and individuals rally to lend their support.

- Affordable Portables – washroom facilities.
- Ladies Auxiliary, Royal Canadian Legion Br. #79 – sandwiches.
- Ladies Auxiliary, Simcoe Army, Navy & Air Force Veterans – sandwiches
- McDonald's – juice.
- Norfolk Fruit Growers Association – apple donuts, apples.

- Norfolk Tractor – portable leaf blowers.
- Tim Horton's, Water St. – donuts and coffee.
- Tim Horton's, Queensway - timbits and coffee.
- Norfolk County – manpower, leaf vacuum, packer trucks, picnic tables, hydro.
- Simcoe & District Chamber of Commerce – Information Tourism Booth.
- Garnet & Madeline Wilson – site for composting leaves.
- CD106.7 – promotion.
- Simcoe Reformer – promotion.
- Sprucedale Youth Centre – rakers.
- Fanshawe College – rakers.
- Burtch Correctional Facility – rakers.

NACL was pleased to introduce the Rotary Club of Norfolk Sunrise to the Bringing in the Leaves fund raising project in 2000. The Rotary Club of Simcoe has been involved in the past by providing funds and manpower to enable NACL to compost the leaves for sale as an affirmative business for the people supported by the Association. The spirit of co-operation that is in evidence, between NACL, Norfolk County and the numerous sponsors is remarkable. The profile of the event is an ideal opportunity for Rotary to expand its Community Relations foot print in the community. Added to these positive and pro-active opportunities, the day is a lot of fun and brings people together on a totally different plane of activity.

The funds raised over the past 13 years represent a total of \$140,000. A worthwhile result. The environmental friendliness of the project is a considerable benefit to the community, NACL and within Rotary. The Buffalo Rotary Club took up the project 5 years ago for this very reason.

As you can see from this overview, Bringing in the Leaves reflects the spirit of the community. Why would a hundred citizens go out on what is typically a cold and rainy day to rake leaves? Most will admit that they wouldn't event do their own yards on days like this, yet they would go out and work for their community. Bringing in the Leaves is a testament to the spirit of a caring community.



SPOOKHOUSE MEETING



OCTOBER 23rd - DUTY ROSTER

Chaplain - Judy Scrivener

Greeter - Yvonne DiPietro Sgt-at-Srms - Sue O'Dwyer

Tracy Cochrane -- Classification Talk

Sunriser Bulletin

Publication of the Rotary Club of Norfolk Sunrise
Communications & Public Relations Committee

Chair: Ian Thomas (Sunriser technical)

Members: Rhonda Clarke-Bruyn, Ross Gowan, Blair Harrison,
Carolyn Wiens - Sunriser Editor

Committee Chairs

Youth & Exchange - Lucine McKay

Community Concerns & Environment - Jim Dawson

Rotary Foundation & World Community Service - Keith Jones

Membership & Attendance - Sue O'Dwyer

Club Fellowship - Brian Snow

Ways & Means + Major Events - Mark Boerkamp

Club President: Steve Malo

Club President-Elect: Sue O'Dwyer

Secretary: Judy Scrivener

Treasurer: Charlie Douglas & Lynn Jarvis

Directors: Dave Murphy, Donna Raytrowsky, Peter Wheatly

Send Sunriser submissions to: cwiens@adroinc.com

Deadline for submissions: Wednesday 1:00 p.m.