



ROTARY
CLUB OF *Norfolk Sunrise*

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The Future of Norfolk Sunrise is in Your Hands

July 21, 2009

Good morning all, here's this week's Sunrise news:

1. [The Membership Committee would like to introduce our newest member to our club:](#)
2. [Do a Make Up with a Mission \(Rotary Espionage!\)](#)
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The Membership Committee would like to introduce our newest member to our club:

MARLENE DOWNING

Marlene arrived into Simcoe from Oakville in 2004. She and husband Mike live on a farm near Lynnville. They have three children (Mike's two sons Matt and Wes and Marlene's daughter Raegan). Marlene is from a small town called La Salle, just outside of Windsor, where her young mother (turning 80 in November) still lives .

Marlene graduated from a three year nursing program and worked for 19 years in the operating room at Windsor Grace, Toronto's Mount Sinai and Orthopaedic & Arthritic hospitals. The last 7 years in nursing she spent working with the surgeon who brought Arthroscopy to North America; in the O.R., training nurses and surgeons in arthroscopy, and attending many learning courses. She left the O.R., in 1991 and worked in medical device sales for 2-1/2 years and then moved to medical device marketing for 14 years. Most all of the medical device companies are in Mississauga region and the four hour plus drive each day finally pushed her to resign. She wanted to be able to stay and get involved in the community and hence Marlene is now part of Rotary and perhaps will take up curling in the fall. Marlene is now working on her third career, studying for her Real Estate License. Please take an opportunity to welcome Marlene to RCNS!

Do a Make Up with a Mission (Rotary Espionage!)

Believe it or not we're serving the community (actually the General Hospital) by not meeting on July 28. We're avoiding conflict with a Hospital funding raiser at the Golf Club scheduled for the 28th. Don't waste the opportunity the missed meeting presents!

The challenge to all Sunriser's is out - do a "Make-Up with a Mission" in place of our lost meeting, Visit another club in our District (or elsewhere for that matter). Try a make-up at one of the "e-clubs". It's easy to find places to do make ups just check Rotary Websites (Clubs, Districts, or RI) or "Google" for a Rotary meeting. Get together with other members and car pool to meetings far from Simcoe (Brantford?, Dundas?, Niagara Falls? , or where ever) and have a good time together.

However you do your make-up, do it with a purpose. Learn something about the clubs you visit. The intelligence you gather will be very helpful to us, especially as we think about "What we (Norfolk Sunrise) wants to be when we are 19." And be sure to drop off one of our club brochures at the clubs you visit - they may find it interesting and it may provoke discussion while you are there.

Let Club Services know where you've done your make up. Who knows - there may be special prizes!

Check Our Website - Who is the Phantom?

In case you haven't looked at it recently, check out our website <http://www.norfolksunrise.org/> . A "Phantom Webmaster" is at work adding new material and moving things around.

By the time you read this you should be able to find current news items, our schedule of events, lots of information about "Norfolk Sunrise at Work", lots of newsletters (current issues and issues from the distant past), copies of Press reports and Press Releases about Norfolk Sunrisers, and whatever else the Phantom finds.

Brantford Air Show Needs Volunteers - Help out the Rotary Club of Brantford

An opportunity to serve and watch airplanes if that's what you like to do. From the Brantford Expositor:

"The Brantford Air Show is flying high in its first year with the Rotary Club of Brantford as chief sponsor", organizer Gary Surette said Thursday.

But he sure could use a little help. **If you want to lend a hand at the Sept. 2 event you can visit: www.brantfordairshow.com and click on "Volunteer"**

District 7090 Newsletter has a New Editor & a New Look!

Starting with the July 2009 issue, the District 7090 Newsletter will be published by Elisabeth Biers, a member of the Niagara Falls Canada Rotary Club. She has done a phenomenal job of producing the July Newsletter and we would like to thank her for a job well done. Enjoy the news and pass it on.....

Here are some of the stories featured:

- Ø Clean Rotary Making A Difference in Sub Saharan Africa
- Ø District Governor Pravin's Bio & July Message
- Ø Thank You from Immediate PDG Ralph
- Ø Golfing Rotarians donate \$72,000 to Shelter Box
- Ø Why Go to RI Convention in Montreal?
- Ø District & Club Goals summarized
- Ø District Conference Promotional Piece
- Ø Report - GSE Team's visit to Argentina and Paraguay

We need more club news – write a brief story about something unique your club does & email it to Elisabeth with an ACTION photo. See page 11 of the newsletter for her contact details.

To download and view the attachment, please click on the link below:
[District_7090_July09 Newsletter.pdf](#)

Has GAIL told you about the official opening yet?

The official opening of the Sunrise Trail is September 27, 2009. Mark the date on your calendar and tell all of your friends and customers. Thanks Ross and GAIL!

That's all for now
Ed. Martin

