



## Why Rotary ... Why Sunrise

Preaching to the converted, you may say. But like retelling stories of Christmas or biblical parables, there's value in exploring our roots as a means to guide us into the future – into the next millennium, perhaps.

At the RCNS first meeting of the "new" millennium, we heard from four Rotarian stalwarts who have been active members long before our Sunrise club was even thought of. Four John's and a Jim (if your name begins with "J" you may be eligible for stalwartness too, in time) offered sage thoughts and useful perspectives that can guide us into the next stage of our young club's development.

John Race recounted a lesson learned from his involvement with the Hellyer Foundation, and ap-

plied it to the RCNS today. John learned the value of trying to see things from other people's point of view, and letting other group members have a say. Sometimes we are best to just follow those who are in leadership positions, and wait for our turn to take a leadership role, we were advised.

John Wallace noted that he was eager to join Rotary (a few years ago) because he had learned from the newspaper about the Simcoe Rotary Club's interesting speakers and programs. The RCNS is blessed with a delightful mix of members by gender, background, and interests. We support people and projects locally and internationally. We can learn and accomplish a great deal from Rotary association.

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## A New Year's Perspective

### Dates To Remember

- ◆ January 23 Meeting Cancelled
- ◆ January 25 - 6:00 pm Interclub meeting in Delhi (details back page)

*The longer I live, the more I realize the impact of attitude on life. Attitude to me is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than success, than what other people think or say or do. It is more important than appearance, gift, or skill. It will make or break a company...a church...a home. The remarkable thing is we have a choice every day regarding the attitude we will embrace for that day. We cannot change our past...we cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the string we have, and that is our attitude. I am convinced that life is 10 percent what happens to me and 90 percent how I react to it. And so it is with you... we are in charge of our attitudes.*

**Charles Swindoll**

## Continued from page 1 Why Rotary

John Verbakel was in awe of Rotarians – before he joined – and then learned that he fit in nicely (whatever that proves!). The people do make the difference in Rotary.

Lastly, Jim Peters spoke about the way our club goes about its business, and noted his penchant for planning. Jim suggested our club members continue to participate in community activities, and not simply donate funds. Where funds are committed for international projects, the Rotary Foundation is our best vehicle to determine which projects should be supported. Jim also noted that Rotary is not suited for everyone – and we shouldn't feel badly that people join our club but not stick it out.

Every member of our club has her/his own reasons for belonging. What's your story? The editor would be glad to print it.

## Norfolk Rotary All-Club Meeting

January 25<sup>th</sup>

Delhi Tobacco Museum  
and Heritage Centre

6:00 pm dinner

7:15 pm meeting & program

\$18 / person

Attendance must be booked ahead.

**Note: Norfolk Sunrise meeting of Jan.23<sup>rd</sup>  
cancelled so you can attend at Delhi**

### Sunriser Bulletin

#### Publication of the Rotary Club of Norfolk Sunrise

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Club President: Steve Jackson

Secretary: Judy Scrivener

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Sue O'Dwyer, Randy Bridge, Donna King

Send Sunriser submissions to: [rgowan@fanshawec.on.ca](mailto:rgowan@fanshawec.on.ca)

Deadline for submissions: Wednesday 1:00 p.m.

## Carolyn Letter

Hello Folks:

I won't be seeing you for a while .. I'll be taking a break from Rotary until the late spring/early summer. My work at ADRO requires my ongoing 100% hands on commitment at this time. Also, my dedication to and enjoyment of the fitness industry continues to grow. I will be teaching additional classes at Simcoe Health and Fitness Centre, as well as taking my Nutrition and Wellness Certification with the Canadian Fitness Professional Association this spring.

I will miss you all, but look forward to seeing you around town, and returning to Rotary. All the best!

Carolyn Wiens