



What's Cooking at Sunrise

By Dave Murphy

The alarm goes at 6 am. and it's minus 20 Celsius with a fresh five centimeters of snow. Oh damn – it is Tuesday and another Rotary meeting. Upon arriving at the N.G.C.C. we immediately feel inner warmth as we ascend to the top of the stairs. We are greeted with a genuine smile and hardy handshake, which makes the early trek worthwhile. The fellowship begins as everyone crowds around the fresh juice and hot (Speedee) coffee. Magic? No! Allan and Shonda were there at least one hour prior to our arrival for us to start.

Meeting opens and then we proceed to try to destroy our national anthem since only John Wallace is in tune (what do you expect at 7am). As we sing we sense breakfast waiting. Yes,



Allan Conroy and Shonda Halliday make breakfast special.

breakfast – fruit, porridge, muffins, eggs, (not for me) sausages, bacon, home fries, and pancakes or french toast with syrup (that's better). As we make selections, there stands Allan at the end of the server to offer anything that we need.

Yes, Allan Conroy graduated from college in Vancouver and moved to Ontario where he worked at Elmhurst before coming to us in 1998 as head chef. Allan now operates his own company, Cadillac Cuisine, which runs the food and bar service for the N.G.C.C. Allan and his wife are blessed with a 1½ year old girl, and an addition expected in approximately sixty days. He hopes to someday return to Vancouver and open his own place.

Not alone in the morning, Allan accomplishes the task at hand with the help of Shonda Halliday who has worked for the N.G.C.C. for several years. Shonda enjoys seeing our content faces after we have finished our meal. To quote Allan, "GOOD BREAKFAST MAKE FOR A GOOD DAY"

Thanks Allan and Shonda. Because of you we always have a good Tuesday.

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Dates To Remember

- ◆ April 1
Daffodil Brunch parking
- ◆ April 4
District Assembly
- ◆ April 10
Picnic Meeting
- ◆ April 22
Brantford Run, Walk
- ◆ April 25
Cigar Night
- ◆ May 4 - 6 - Buffalo
District Conference
- ◆ June 24
Old Fashioned Picnic

Rotary Retreat

District Assembly

All Rotarians are invited to attend this event.

Participate in workshops on:

- Fundraising - "How To" Examples
- Community Projects - "How To Start"
- Youth Exchange - "A Program in Trouble" Challenges & Solutions
- Family Outreach - "Making Rotary More Exciting for the Whole Family"
- Technology for Rotary - "Computers & the Internet"
- Club Treasurers - "Experience Helping Newcomers"
- Club Secretaries - "Experience Helping Newcomers"
- Club Bulletins - "Sharing and Comparing"
- Membership - "Challenges and Solutions"
- Rotary Foundation - "Foundation 101"
- World Community Service - Choosing & Getting Started with the Right Programs
- Others

Steve Malo is organizing a car pool. He must give notice of your attendance by April 3rd.

Sat., April 7, 2001	8:00 AM	Registration & Continental Breakfast
Niagara College	9:00 AM	Welcome & Workshops
Glendale Campus	12:00	Lunch
Niagara-on-the-Lake	1:00 PM	Workshops
	3:45 PM	Adjourn

Welshpool Drippings

Message from John Platt ...

All goes well exchange wise and we had a great lunch yesterday with the team. Such a joy to host the Flexmans who are in London with the "mob" today and most of the 30th. We will take them on a North Wales tour on Sunday and we are giving a house party in their honour on Sat evening. Our visit to Liverpool (Beatles &c) was a success. F&M [foot & mouth] is a tragedy in so many ways as it curtails all sorts of activities eg. we have not been able to take the team round our local Castles/ stately homes moreover our local cattle market (biggest in Wales every Monday) is closed

down with resultant loss of trade shops throughput &c. Great tragedy that so much has to be sacrificed.

Weather much improved today. Keith and I are anxious that we develop twinning perhaps into member exchange hosting. As Jim knows our doors and those of other Rotarians are always open. I think Keith is thinking in terms of Golf and that's no problem either!

ALL GOOD WISHES TO YOU ALL

JOHN, JENNIFER & ALL THE WELSHPOOLS

Director's Drivel

By Tweety O'Dwyer

A few highlights of the March 28 Board meeting:

- **District Assembly April 7** - The Board wants to all encourage members to attend. As Action Jackson says "drink in Rotary enthusiasm". Our very own Ross Gowan will be leading a session on newsletters, evidence that many people have recognized what a great job that Ross and his committee does. See details about the Assembly and registration in this newsletter, its a great opportunity to learn more about Rotary and meet some terrific people.
- **Membership** - Steve Malo will make a presentation at the April 3rd meeting. Remember Karen Matthew's presentation on volunteerism -- just ask. Surveys indicate that people are willing to volunteer and become involved, they are just waiting to be asked.
- **Cigar Night** - Organizers are actively working on and promoting this event. Everyone is encouraged to make this another successful fundraising (not to mention the fellowship) event. Remember that proceeds will be directed to Norfolk General Hospital.
- **Picnic** - Plans are well underway and the committee will be meeting again on April 10. The Board approved cancellation of the June 26 meeting and counting the picnic as a regular meeting.
- **Changeover Meeting** - Tentatively booked for June 19. Plans are for an evening barbeque similar to last year – a fun, casual event.
- **Program** - The Board really liked the idea of 3 minute mini classification talks each week (an idea brought back by exchange student Darryl King). We hope to incorporate the minis into the program in the very near future. Of course, these will be in addition to regular classification talks which we can never seem to get enough of. Next time Flake speaks, you will be reminded to wear fire gear and breathing apparatus.
- **Treasurer's Report** - Charlie distributed the Mar 31 financials and reported that the club is in good shape, financially speaking, and we still have funds available even though George Cornfield and his committee are doing their best to get our dollars out to the community. Thank you to the Community Concerns Committee for a job well done. Just a little reminder to George – give Charlie a little time to get money out of our investments and into the bank account so cheques don't bounce. Oops. Sorry about that George. As JR reminded us at a recent meeting, you can't count on a few days for cheques to clear through the banks anymore, not that JR would have ever used that as a financial planning tool.
- **Other Business** - Is President Steve picking on Yvonne too much? Please provide your feedback to Steve. He really wants to know.

Picnic Meeting

For all who have offered to help out.
April 10 at 7:00 pm
Cobb & Jones

Dubya Quote

"If we don't succeed, we run the risk of failure."

....George W. Bush, Jr.

Run, Walk, Team-Up with Corporate Teams



19th Annual
Brantford Classic Run
Sunday, April 22, 2001

**Norfolk Sunrise member pledges go to
Rotary Foundation**

Contact Lynne Blake

Sunriser Bulletin Publication of the Rotary Club of Norfolk Sunrise

Communications & Public Relations Committee

Chair: Ross Gowan - Bulletin Editor

Members: Dan Barker, Blair Harrison, Dave Murphy,
Kim Novak, Ian Thomas

Committee Chairs

Youth & Exchange - John Matecsa

Community Concerns & Environment - George Cornfield

Rotary Foundation & World Community Service - John Wallace

Membership & Attendance - Steve Malo

Club Fellowship - Sue Thompson

Ways & Means + Major Events - Jeff Mereweather

Club President: Steve Jackson

Secretary: Judy Scrivener

Treasurer: Charlie Douglas

Directors: Carrol Lambert, Steve Malo,
Sue O'Dwyer, Randy Bridge, Donna King

Send Sunriser submissions to: rgowan@fanshawec.on.ca

Deadline for submissions: Wednesday 1:00 p.m.

Letter to Editor

Tuesday Morning Juice

Perhaps it's extra coffee, but I think not. The energy I feel every Tuesday morning is directly related to the energy transfer I receive from our meetings. Love the people, love the buzz. Recently, I've noticed a tension which we should address, or if I'm all wet, let me know.

We have raising money and have never let the dollars dictate our projects and efforts. However, spending the money seems to be more difficult. We have a variety of concerns within our Club, and some decisions will not make everyone happy. What is important is that the decisions are made in a proper fashion and with due process.

I get the feeling that some proposals are being "walked in" at the last minute. I assume that these proposals have been vetted by our Board, but I am not sure. Hurried up committee meetings under time constraints lead to irritation and discontent.

I have heard the criticism that we do not have enough time in our once a month Tuesday morning committee meetings to get all of the work of the committee done. Please keep in mind that these committee meetings were never intended to entirely replace all committee gatherings. Also keep in mind that our committee structure has been modified, so that each committee has more responsibility in view of the reduced number of committees. Committee Chairs should be monitoring the work-load, and if additional meetings are needed, they should be called.

I, for one, do not want to go back to membership on three different committees and numerous evening meetings.

Perhaps it's time to evaluate our committee structure and effectiveness and address the current of discontent before it becomes a torrent. *KMJ*